

**PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:**

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:**

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



## March 2024

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

# FIELD TRIPS

## \*\*Reminders\*\*

### Additional Closures:

**Friday 3/29 Good Friday**

**Monday April 1 Easter Monday**

-Bus reservations must be made at least one day in advance by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.



## Happy Birthday!

March Birthdays!

01 – Mika Canada

03 – Marthe Tarishi

06 – Betty Rosas

12 – Gloria Velasco

17 – Margaret Coe

22 – Mary Beth Aoyagi

27 – Sileaynwa Aregu

30 – Myrna Samuel



Our Birthday Party will be on Friday, March 1

### Wednesday, March 6: African American Museum of History and Culture

We will be going on a self guided tour of the African American Museum in Washington D.C. The National Museum of African American History and Culture is a place where all Americans can learn about the history, richness, and diversity of the African American experience, what it means to their lives, and how it helped us shape our nation. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is March 5th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.**

### Thursday, March 28: Cherry Blossom Viewing with Lunch at Glory Days Grill

Because of the warm weather, the cherry blossoms will be blooming early this year. We will be able to go and visit the Tidal Basin as well as get a chance to get out and take photos. After we go to D.C., we will be going to Glory Days Grill for lunch. Please bring about \$25 to cover both the lunch and tip. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is March 27th at 11:30am. Please sign up with Maria in person while she is in her office to sign up and pay to reserve your spot.**